



SAN DIEGO STATE  
UNIVERSITY  
College of Education

# DIÁLOGOS VIRTUALES

A COE Lecture/Discussion Series on Diversity, Equity, Inclusion & the Global in Education

Thursday, April 29, 2021, 12:00 - 1:30 PM (PT)

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**"Systemic and Experiential Approaches to Improve Students' Mental Health: A Workshop for COE Faculty."**

**Dr. Chi-Chun Lin**  
**University of British Columbia**

Undergraduate and graduate students tend to experience a variety of mental health challenges, especially during Covid-19. University faculty members play important roles not only in advancing student academic performance, but also in supporting student mental health. In this workshop, faculty participants will discuss student mental health issues experienced in their classrooms, as well as their ideas on effective teacher-student relationships in light of these challenges. In addition, we explore the positive impact of teacher-student relationships on students' mental health, systems theory for understanding students' stressors, and learn about experiential tools in improving students' mental health. [Open to COE faculty]



## About the Speaker

**Chi-Chun Lin**, earned MA degrees in Counseling Psychology, Marital and Family Therapy, and Mental Health Studies, as well as a Doctorate of Psychology (Psy.D.) in Marital and Family Therapy at Johns Hopkins University. He is an American Association for Marriage and Family Therapy approved supervisor and a registered clinical counselor approved by British Columbia Association of Clinical Counselors. Dr. Lin has provided at least 3000 counseling hours directly and indirectly to marginalized groups (e.g., LGBTQ, men living with HIV, immigrants, and homeless persons). Along the lines of his dissertation research, he has published eight peer-reviewed journal articles focused on the social determinants of mental health issues among Asian gay men, Chinese college students, U.S. graduate students, and U.S. Police chiefs. He currently serves as a Postdoctoral Research Fellow at the University of British Columbia focusing on studies of mental and sexual health issues among LGBTQ youth and mental health issues among men living with prostate cancer. As a Postdoctoral Teaching Fellow, Dr. Lin has designed and is now teaching a course on gender and sexual orientation issues in counseling. His academic and clinical interests mainly pertain to mental and sexual health issues among marginalized populations.