Objective	Competency	Theme	Naviance Tools	Suggested Activity	ASCA Behaviors and Mindsets	Redefining Ready!	CASEL Competencies
Understand the transition to middle school**	Transition Skills	School Transitions	Surveys	Complete a middle school transition survey	M2, M3 B-SMS10		Self-management
Determine steps to take for future success	Career Knowledge	Future Planning	Naviance Curriculum	Explore career pathways	M4 B-LS2, B-LS10		Responsible decision- making
Understand the skills needed to build self- confidence**	Social Emotional Learning	Self-Awareness	Naviance Curriculum	Learn about and create goals to increase self-confidence	M2, M5 B-SMS5		Self-awareness
Understand learning styles and preferences**	Academic Skills	Learning Styles	LSI	Take a learning styles assessment	M6 M-LS3		Self-awareness
Employ successful study skills	Academic Skills	Study Skills	Naviance Curriculum	Create a homework and study plan	M6 B-LS3, B-LS4	College Ready	Self-management
Identify supportive adults	Interpersonal Skills	Support Networks	Naviance Curriculum	Discuss the value of and identify supportive adults	M6 B-SS2, B-SS3		Relationship skills
Identify career clusters of interest	Career Knowledge	Career Clusters	Cluster Finder	Take a career cluster inventory	M4 B-LS9		
Create an academic- related SMART goal**	Academic Skills	Academic Goal Setting	Goals	Create academic SMART goals	M5, M6 B-LS7, B-SMS5		Self-management
Create a career- related SMART goal	Career Knowledge	Career Goal Setting	Goals	Create career-related SMART goals	M4 B-LS7		Self-management
Begin to get involved in school and community activities	Interpersonal Skills	Getting involved	Resume	Create an activities resume	M3 B-SMS8, B-LS10	Career Ready	Relationship skills
Identify the types of postsecondary opportunities available	College Knowledge	Post-Secondary Op- portunities	Naviance Curriculum	Explore post- secondary training opportunities	M4 B-LS7		
Understand income and expenses	Social Emotional Learning	Personal Finances	Naviance Curriculum	Complete a budgeting exercise	M5 B-LS6		Self-management



Objective	Competency	Theme	Naviance	Suggested Activity	ASCA Alignment	Redefining Ready!	CASEL Competencies
Understand how to overcome obstacles**	Social Emotional Learning	Grit	Naviance Curriculum	Hear stories of how others have overcome obstacles and make a plan to overcome personal obstacles	M6 B-SMS6, B-SMS7		Self-management
Understand individual learning habits**	Academic Skills	Learning Styles	Naviance Curriculum	Learn about successful study habits and make a plan to study smarter	M6 B-LS3, B-LS 4, B-LS6		Self-management
Understand the types of postsecondary options available	College Knowledge	Post-Secondary Opportunities	Roadtrip Nation Archive	Hear how others have determined their postsecondary path.	M4 B-LS9, B-LS9		
ldentify habits that lead to success	Academic Skills	Study Skills	Naviance Curriculum	Take a learning style assessment	M2 B-LS1, B-LS6, B-SMS6, B-SMS8		Self-management
ldentify career interests**	Career Knowledge	Career Fit	Career Key	Take a career interest indicator survey	M4 B-LS7, B-LS9		
Understand the cost of college	College Knowledge	Paying for College	Naviance Curriculum	Examine college profiles and compare costs of various institutions	M4 B-LS9		
Understand the importance of a budget	Social Emotional Learning	Personal Finances	Surveys	Examine the cost of common items and complete a survey quiz.	M4 B-LS9		
Join school- and community-related activities	Interpersonal Skills	Getting Involved	Resume	Begin or update an activities resume	M3 B-LS10, B-SS2, B-SS3, B-SS7	Career Ready	Relationship skills
Create a career- related SMART goal**	Career Knowledge	Career Goal Setting	Goals	Create a career-related SMART goal	M4 B-LS7		Self-management
Create an academic- related SMART goal	Academic Skills	Academic Goal Setting	Goals	Create an academic-related SMART goal	M5, M6 B-LS7, B-SMS5		Self-management
Understand how to successfully work with a team of peers	Interpersonal Skills	Teamwork	Naviance Curriculum	Complete a teambuilding activity	M3 B-SS1, B-SS2, B-SS6, B-SS7		Relationship skills



Objective	Competency	Theme	Naviance	Suggested Activity	ASCA Behaviors & Mindsets	Redefining Ready!	CASEL Competencies
Identify Interests	Social Emotional Learning	Interests	Naviance Curriculum	Take an interest assessment	M1 B-LS9,		Self-awareness
Employ decision- making skills**	Social Emotional Learning	Informed Decisions	Naviance Curriculum	Participate in a decision-making exercise	M4 B-LS2, B-LS10, B-SMS3		Responsible decision- making
Understand the value of taking risks	Social Emotional Learning	Grit	Naviance Curriculum	Hear stories of how risk-taking has benefited others.	M5 B-LS1, B-LS6		Self-awareness
Understand how to cope with stressful situations	Social Emotional Learning	Grit	Naviance Curriculum	Reflect on how to best cope with stressful situations and make a plan to deal with stress	M1 B-SMS7, B-SMS8		Self-management
Identify careers of interest	Career Knowledge	Career Search	Career Search	Investigate and list careers of interest	M4 B-LS9		
Understand how to manage time wisely**	Academic Skills	Study Skills	Naviance Curriculum	Create a list of weekly tasks, then make a schedule to successfully complete them	M1 B-LS3, B-SMS2		Self-management
Create a career- related SMART goal	Career Knowledge	Career Goal Setting	Goals	Align career interests with a SMART goal to further explore this career	M4 B-LS7, B-SMS5		Self-management
Create an academic- related SMART goal	Academic Skills	Academic Goal Setting	Goals	Create a SMART goal related to increasing academic achievement	M5, M6 B-LS7, B-SMS5		Self-management
Build a high school course plan	Academic Skills	Course Planning	Course Planner	Build a high school course plan	M5 B-LS1, B-LS8	College Ready	
Understand options available to pay for college	College Knowledge	Paying for College	Naviance Curriculum	Learn about loans, grants, scholarships, and military opportunities that help to pay for college	M4 B-LS9, B-SMS10		Responsible decision- making
Identify personal support network**	Interpersonal Skills	Support Network	Naviance Curriculum	Reflect on and identify adults who are helpful in various situations	M1, M3 B-SS2, B-SS3		Relationship skills
Join school- and community-related activities	Interpersonal Skills	Getting Involved	Resume	Begin or update an activities resume	M3 B-LS10, B-SS2, B-SS3, B-SS7	Career Ready	Relationship skills
Prepare for life in high school**	Transition Skills	School Transitions	Naviance Curriculum Surveys	Learn about high school and take a survey to ensure your needs are met	M2, M3 B-SMS10		Self-awareness



Objective	Competency	Theme	Naviance	Suggested Activity	ASCA Behaviors & Mindsets	Redefining Ready!	CASEL Competencies
Understand the transition to high school **	Transition Skills	School Transitions	Naviance Curriculum Surveys	Take a transition survey identifying high school fears, options, and opportunities	M2, M3 B-SMS10		Self-awareness
Identify Career Clusters of Interest	Career Knowledge	Career Clusters	Cluster Finder Naviance Curriculum	Take a career cluster inventory and save clusters of interest	M4 B-LS9		Self-awareness
Participate in Extracurricular Activities	Interpersonal Skills	Getting Involved	Resume	Begin a high school activities resume	M3 B-LS10, B-SS2, B-SS3, B-SS7		Relationship skills
Identify Strengths	Social Emotional Learning	Strengths	Strengths Finder	Complete an inventory designed to help students identify strengths	M2 B-LS4, B-LS9		Self-awareness
Understand successful study habits**	Academic Skills	Study Skills	Learning Style Indicator	Take an assessment to understand individual learning styles	M4 B-LS3, B-LS4		Self-management
Identify post-high school goals**	College Knowledge	Post-Secondary Goal Setting	Game Plan Survey	Take a post-secondary planning survey	M5, M6 B-LS7, B-SMS5		Self-management
Understand various aspects of postsecondary institutions	College Knowledge	Types of Colleges	College Profiles	Explore various pathways after high school	M4 B-LS9		
Create a four-year plan of study**	Academic Skills	Course Planning	Course Planner Naviance Curriculum	Create a course plan	M5 B-LS1, B-LS8	College Ready	
Understand how to work successfully with others	Interpersonal Skills	Teamwork	Naviance Curriculum	Participate in a team-building activity	M1, M3 B-SS1, B-SS2, B-SS3, B-SS4, B-SS6, B-SS7		Relationship skills
Understand components of a college application	College Knowledge	College Applications	Naviance Curriculum	Complete a mock college application	M4 B-LS9		
Understand methods on how to pay for college	College Knowledge	Paying for College	Naviance Curriculum	Learn about grants, loans, and scholarships	M4 B-LS9		
Create a career- related SMART goal	Career Knowledge	Career Goal Setting	Goals	Align career interests with a SMART goal	M4 B-LS7, B-SMS5		Self-management
Create an academic- related SMART goal	Academic Skills	Academic Goal Setting	Goals	Identify an academic goal and identify steps to reach it.	M5, M6 B-LS7, B-SMS5		Self-management



Objective	Competency	Theme	Naviance	Suggested Activity	ASCA Behaviors & Mindsets	Redefining Ready! Indicator	CASEL Competencies
Identify interests**	Social Emotional Learning	Interests	Career Interest Profiler	Take an interest inventory	M5 B-LS7, B-LS9		Self-awareness
Participate in Extracurricular Activities	Interpersonal Skills	Getting Involved	Resume	Update high school resume	M3 B-LS10, B-SS2, B-SS3, B-SS7	Career Ready	Relationship skills
Conduct a college search	College Knowledge	College Search	SuperMatch	Participate in a college search	M4 B-LS1, B-LS5, B-LS9		
Identify colleges of interest	College Knowledge	College Search	My Colleges	List college of interest	M4 B-LS1, B-LS9		
Prepare for standardized tests (PSAT/PreACT)	Academic Skills	Test Preparation	Naviance Test Prep	Learn about successful testing strategies & take a practice test	M6 B-LS4, B-LS8	College Ready	
Update post-secondary goals	College Knowledge	Post-Secondary Goal Setting	Gameplan Survey	Review and update post-secondary pathway survey	M5, M6 B-LS7, B-SMS5		Self-management
Create career-related SMART goal	Career Knowledge	Career Goal Setting	Goals	Align career interests with a SMART goal	M4 B-LS7, B-SMS5		Self-management
Create academic-related SMART goal**	Academic Skills	Academic Goal Setting	Goals	Identify a SMART goal related to academics	M5, M6 B-LS7, B-SMS5		Self-management
Update four-year plan of study	Academic Skills	Course Planning	Course Planner	Review and update four-year course plan	M5 B-LS1, B-LS8	College Ready	
Understand the meaning of debt	Transition Skills	Financial Success	Naviance Curriculum	Participate in an inventory or game to learn about good or bad debt	M2, M5 B-LS1, B-LS3		Responsible decision-making
Identify careers of interest**	Career Knowledge	Career Search	My Careers	Research and save careers of interest	M4 B-LS9		
Understand the meaning of expected family contribution	College Knowledge	Paying for College	Naviance Curriculum	Learn about the FAFSA 4aster	M4 B-LS1, B-SMS1		
Understand how to communicate effectively online	Interpersonal Skills	Online Presence	Surveys	Practice effective email conversations	M6 B-LS5, B-SS1		Social awareness
Identify habits that lead to success	Social Emotional Learning	Self-Awareness	Naviance Curriculum	Brainstorm successful habits and make a plan to utilize those skills	M2 B-LS1, B-LS6, B-LS9		Self-awareness
Discuss future plans/goals with family members**	Interpersonal Skills	Support Network	Naviance Curriculum	Take a family discussion survey on future goals	M2 B-SS3, B-SS5		Relationship skills



Objective	Competency	Theme	Naviance	Suggested Activity	ASCA Behaviors & Mindsets	Redefining Ready! Indicators	CASEL Competencies
Understand the factors that lead to right college fit**	College Knowledge	College Fit	Naviance Curriculum	Learn about college fit & make a list of important characteristics	M4 B-LS-1, B-LS7, B-LS9		Self-awareness
Participate in Extracurricular Activities	Interpersonal Skills	Getting Involved	Resume	Update high school resume	M3 B-LS10, B-SS2, B-SS3, B-SS7	Career Ready	Relationship skills
Complete a college search**	College Knowledge	College Search	SuperMatch	Using fit criteria, conduct a college search	M4 B-LS-1, B-LS7, B-LS9		
Attend college visits	College Knowledge	Types of Colleges	College Visits	Attend college visits on a campus and at school	M4 B-LS-1, B-LS7, B-LS9		
Identify colleges of interest	College Knowledge	College Fit	My Colleges	List colleges of interest	M4 B-LS1, B-LS9		
Take the PSAT, SAT, and/ or ACT	Academic Skills	Postsecondary Assessments	My Test Scores	Register for and take a post-secondary assessment	M6 B-LS4, B-LS8	College Ready	
Identify careers and college majors of interest**	Career Knowledge	Career Fit College Majors	My Careers	Research and save careers and college majors of interest	M4 B-LS1, B-LS9		
Estimate Financial Aid Need via Financial Aid Calculator	College Knowledge	Paying for College	Naviance Curriculum	Estimate need using a financial aid calculator	M4 B-LS1, B-SMS1		
Understand the financial aid process**	College Knowledge	Paying for College	Naviance Curriculum	Learn about EFC and requirements of the FAFSA	M4 B-LS1, B-SMS1		Responsible decision- making
Update 4-year plan of study	Academic Skills	Course Planning	Course Planner	Review four-year course plan	M5 B-LS1, B-LS8	College Ready	
Understand unique personal qualities	Social Emotional Skills	Self-Awareness	Naviance Curriculum	Brainstorm unique personal qualities through an analysis of strengths	M1 B-LS9		Self-awareness
Update post-secondary goals**	College Knowledge	Post-Secondary Goal Setting	GamePlan Survey	Align post-secondary goals with career aspirations	M5, M6 B-LS7, B-SMS5		Self-awareness
Create career-related SMART goal	Career Knowledge	Career Goal Setting	Goals	Align career interests with a SMART goal	M4 B-LS7, B-SMS5		Self-awareness
Create academic-related SMART goal	Academic Skills	Academic Goal Setting	Goals	Align academic goals with post- secondary goals	M5, M6 B-LS7, B-SMS5		Self-awareness
Write a personal statement	College Knowledge	College Applications	Naviance Curriculum	Write a personal statement	M4 B-LS4, B-SS1		Self-awareness
Understand effective communication practices	Interpersonal Skills	Communication Skills	Surveys	Practice public speaking and interview skills	M2 B-SS1, B-SS2 B-SS3		Relationship skills
Understand how to overcome challenges	Social Emotional Learning	Grit	Naviance Curriculum Roadtrip Nation/ Surveys	Hear about real-life challenges and analyze ways to overcome them	M2 B-SMS6, B-SMS7, B-SMS10, B-SS5		Self-management



Objective	Competency	Theme	Naviance	Suggested Activity	ASCA Behaviors & Mindsets	Redefining Ready! Indicator	CASEL Competencies
Participate in Extracurricular Activities	Interpersonal Skills	Getting Involved	Resume	Update high school resume	M3 B-LS10, B-SS2, B-SS3, B-SS7	Career Ready	Relationship skills
Understand how to overcome obstacles	Social Emotional Learning	Grit	Naviance Curriculum	Learn about how others have overcome obstacles and make a plan to deal with obstacles	M2 B-SMS6, B-SMS7, B-SMS10, B-SS5		Self-management
Finalize post- secondary plan	College Knowledge	Preparing for Life Preparing for College	GamePlan/Senior Exit Survey	Review and update post-secondary pathway	M5, M6 B-LS7, B-SMS5		Responsible decision- making
Finalize college application list	College Knowledge	College Applications	My Colleges	List final colleges of interest based on right fit	M4 B-LS1, B-LS9		Responsible decision- making
Apply to college or alternative pathways**	Transition Skills	College Applications Preparing for Life	Naviance Curriculum Colleges I'm Applying To	Submit applications to college, military, or career	M4 B-LS1, B-LS9		
Complete the FAFSA	College Knowledge	Paying for College	Naviance Curriculum	Complete and submit the FAFSA	M4 B-LS1, B-SMS1	College Ready	
Complete a scholarship search	College Knowledge	Paying for College	Scholarship Search	Conduct a scholarship search	M4 B-LS1, B-SMS1		
Apply for scholarships	College Knowledge	Paying for College	My Scholarships	Apply for scholarships	M4 B-LS1, B-SMS1		
Analyze financial aid offers	College Knowledge	Paying for College	Naviance Curriculum	Learn how to compare financial aid offers	M4 B-LS1, B-SMS1		Responsible decision- making
Make a plan to pay for college	College Knowledge	Paying for College	Naviance Curriculum Surveys	Lay out a plan on how to pay for college	M2 B-LS1, B-LS9		Responsible decision- making
Create career-related SMART goal	Career Knowledge	Career Goal Setting	Goals	Align post-secondary career plan with a SMART goal	M4 B-LS7, B-SMS5		Self-management
Create academic- related SMART goal	Academic Skills	Academic Goal Setting	Goals	Identify a SMART goal related to academics	M5, M6 B-LS7, B-SMS5		Self-management
Choose a postsecondary option**	Transition Skills	College Fit	Senior Exit Survey	Choose and communicate a post-high school path	M4, M2 B-LS7, B-SMS10		Responsible decision- making
Create a college or post-high school budget	Social Emotional Learning	Preparing for Life	Naviance Curriculum	Create a real-life budget for college or career	M5 B-LS3, B-SMS10		Responsible decision- making
Identify post-high school support network**	Interpersonal Skills	Support Network	Surveys	Brainstorm support network outside of high school	M1, M3 B-SS2, B-SS3		Relationship skills
Make a plan to overcome summer melt**	Transition Skills	Summer Melt	Naviance Curriculum Surveys	Create a plan to overcome obstacles during summer transitions	M1, M2, M4, M6 B-LS3, B-LS7, B-SS8	College Ready	Self-management

